## ROOTED IN COMMUNITY: GROWING TOGETHER IN SHARED SPACES

## Thursday, September 12th, 2019

## Black Creek Pioneer Village

8:30 a.m. - 4:00 p.m.

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**Overall Schedule** 

Session Descriptions + Timing

Session Leader Bio's

#### **Overall Schedule**

8:30 a.m. – 9:00 a.m.	Arrival + Registration at Black Creek Pioneer Village – (light		
	refreshments provided)		
9:00 a.m. – 9:30 a.m.	Welcome		
9:30 a.m. – 10:30 a.m.	Keynote Address: Paul Zammit, Toronto Botanical Garden		
10:30 a.m. – 10:40 a.m.	Break + transit to workshops A		
10:45 a.m. – 12:00 p.m.	Session A Workshops		
12:00 p.m 1:05 p.m.	Lunch + Networking (register for provided lunch)		
1:15 p.m 2:30 p.m.	Session B Workshops		
2:30 p.m 2:45 p.m.	Break + transit to workshops C		
2:45 p.m 4:00 p.m.	Session C Workshops		
4:00 p.m.	Departure and 20% Discount at Black Creek Gift Shop (until		
	4:30)		



## Session Descriptions and Timing

Key: EE = Environmental Educator, HE = Heritage Educator, LS = Leadership/Strategy, CL = Community Learning, GI = General Interest, STEP = Sustainable Technology Evaluation Program, PAIE = Professional Access into Employment

Speaking Up – Youth Voices in our Communities	Activating our Communities	Community on a Micro-Scale	Be Well, Do Well: Fostering a Community Mindset	Community Education in Action	The Built Community
Session A runs 10:45 a.m 12:00 p.m.					
A1	A2	A3	A4	A5	A6
Nikibii Dawadinna Giigwag Elder Whabagoon, Elder and Co- Founder, Nikibii Dawadinna Giigwag & Lucia Piccinni, Program Director, Evergreen Brickworks Nikibii Dawadinna Giigwag (Anishinaabemowin for Flooded Valley Healing) is a participatory employment training program that includes the voices of Indigenous Youth and Elders/Knowledge Keepers in the planning and designing of green infrastructure. The 2018 inaugural program provided four Toronto high school youth and two University of Toronto graduate students with an opportunity to contribute to the revitalization of Bolton Camp, 254-acre site 40 kilometers north of the city. More than 30 experts mentored the students through lectures, workshops, design reviews, guided site visits and training in the field. The program challenged the youth to brainstorm design concepts to transform an existing cabin structure at Bolton Camp into a sustainable cabin that will provide Indigenous youth, Elders, and others with access to future programming and ceremonial space. Session Cap: 30 Suggested for: Everyone	Engaging Adult Learners: Best Practices in Adult Education <u>Jennifer D'Attolico, Supervisor,</u> <u>Education Programs, Black Creek</u> <u>Pioneer Village</u> Participants will learn best practices when teaching adults in an outdoor setting. This session will focus on the different types of adult groups (ESL, special needs, community & corporate groups) who visit heritage and outdoor sites. Participants will learn how to best engage these different groups by getting involved themselves in a variety of activities. Session Cap: 30 Suggested for: EE, HE, CL, PAIE, STEP	Organic Magic with Worms <u>Cathy Nesbitt, Founder and Worm</u> <u>Advocate, Cathy's Crawly Composters</u> Learn all about worms and vermicomposting - a viable solution for places not being served by an organic collection program. Discover how worms convert organic matter into nature's finest soil amendment known as castings. Find out how worms benefit the environment. Vermicomposting is shown from set-up to harvest. Worm eggs, castings and worm bins in various stages are displayed. Worms are going to play an ever-increasing role in waste management and soil production. Life as an entrepreneur and some of our research projects are discussed. <u>Session Cap: 30</u> Suggested for: EE, CL, GI	Confidence. Creativity. Connection. Moving YOUR Way for Overall Wellness <u>Michelle Hillier, Founder and</u> Creative Director, Experience <u>Groove</u> There is no wifi in this session, but the connections will be out of this world. Discover, learn and experience how movement can nurture new levels of confidence and courage in your work, your life, and the community around you. Personal connection is the key. People who tackle challenges with an optimistic spirit, see possibility in risk and aren't fearful of failure can have a huge impact on others. In this experiential session, participants will see how using creative movement can reduce stress & anxiety, increase self-awareness mental health and nurture creativity. Material is designed for staff wellness experiences where they get to be active, creative and interactive with positive messaging to support their exploration. In a world full of right and wrongs, when you move YOUR WAY the best part is "You Can't Get it Wrong!"	Ontario Camps Association and Its Role in Outdoor Education <u>Brandon McClounie, Outdoor</u> <u>Education Committee, Ontario Camps</u> <u>Association</u> This presentation will provide more information on how the Ontario Camps Association (OCA) and the OCA's Outdoor Education Committee is building from the solid overnight and day camp foundation to better include and represent Outdoor Education Centres and programs across the province. Through a series of consultations with key industry stakeholders the committee will better shape the standards, services, and professional development opportunities that intersect with outdoor education. <u>Session Cap: 30</u> Suggested for: EE, GI, LS	Sustainable Waste Practices within Public Spaces and the Changing Economics of Recycling Dana Fountain, Program Manager, Corporate Sustainability, Toronto and Region Conservation Authority This presentation provides best- practices for public use areas that encourage recycling, reduce contamination and increase waste diversion from landfill. Over the last 5 years TRCA has focused on sustainable waste practices across multiple sites. Public use facilities have proven to be some of the most difficult areas to engage visitors and get their accurate participation in waste diversion programs. The presentation will provide examples of practices that have been tested at TRCA public use sites and elsewhere in the region that have helped visitors make informed and meaningful efforts towards zero-waste. In addition, it will speak to the changing global economics of the waste industry and the impact it has on what we can recycle in Ontario. Session Cap: 30 Suggested for: Everyone
			Session Cap: 30 Suggested for: Everyone		

Speaking Up – Youth Voices in our Communities	Activating our Communities	Community on a Micro-Scale	Be Well, Do Well: Fostering a Community Mindset	Community Education in <i>i</i>
Session B runs 1:15 p.m. – 2:30 p.m.				
B1	B2	В3	B4	В5
This Isn't Child's Play! Or, What Happens When You Actually ask Children to Design their Playground? Paula Gallo, Education Manager Heidi Campbell, Senior Designer Ashlee Cooper, Project Manger Evergreen Brickworks Evergreen is excited to share the experiences for co-creating a whole- school approach to place-based school ground design, one that is rooted in child-friendly practices, children's voice and community-connected experiential learning. We worked closely with a team of 10 children, aged 9-12, who lead the visioning and design process with the entire school, culminating in a landscape master plan for their school grounds. We will share the lessons learned and details of this experience through an experiential, hands on and arts-based workshop. Session Cap: 40 Suggested for: EE, CL, HE, GI, LS	Activating Agriculture within Urban Community Gardens PART 1 <u>Adriana Gomez, Senior Project</u> <u>Manager</u> <u>&amp;</u> <u>Holly Shaw-Lopez, Project</u> <u>Coordinator</u> <u>Sustainable Neighbourhood Action</u> <u>Program (SNAP)</u> This 2-part session will begin with a group walk* to a community garden located in the Black Creek Community on San Romanoway (approximately 20 minutes). Focusing on the success of this neighbourhood-wide urban agricultural strategy, the session will discuss the key elements, such as; the orchard and various gardens supported by rainwater harvesting, edible balconies in six towers, a surplus harvest donation program, a food preservation program, and multi- generational skills sharing as well as formal skills training with paid internships which have resulted in full time jobs and social enterprises. This session will highlight the success of this program and how it has brought hundreds of neighbours together and touched many lives. * Those who wish to find other means of transportation are welcome to do so	Our Invertebrates – Live and Preserved Local Invertebrates of Ontario Shelby Paxton, Founder, Inverte- Logic Come out to Inverte-Logic's Indoor Live and Preserved Invertebrate workshop to get a chance to learn more about the invertebrates that are found in your own backyard. We will discuss topics such as common invasive and beneficial species found within Ontario, as well as dispel myths on some of our more misunderstood invertebrates. On top of that we cover sustainable solutions including how to turn a garden into an oasis for native species and easy DIY crafts you can do to support our pollinators. Session Cap: 30 Suggested for: EE, CL, GI	Trees of Black Creek Pioneer Village James Eckenwalder, Toronto Field Naturalists Learn about the incredible trees growing around the village! This outdoor, hands-on session involves examining and identifying the trees of the village by pointing out their relationships, distinguishing characteristics, and some natural and social history aspects. Our local trees are generally readily identifiable using their overall shape and branching pattern, bark, twigs (including buds), leaves, flowers, and fruits, any one of which is often sufficient for a secure identification. Session Cap: 30 Suggested for: EE, HE, GI, CL	Indigenous Knowledge and Communication: Creating sp Community Specific Scie Programming Amber Sandy, Indigenous Kr and Science Outreach, Ry University, SciXchange This lecture style presentate engage participants in the of work at SciXchange. It will c importance of community programming and the import including Indigenous knowl science education. Session Cap: 30 Suggested for: Everyo

### The Built Community

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# Exploring Sustainable Built Forms

David Nixon, Specialist, Training Sustainable Technologies Evaluation Program

The size, shape and design of a building is fundamental to a sustainable built environment. Every time we build a home, office, visitor center, gate house or recreation centre we have the opportunity to create an energy efficient comfortable space. This workshop will explore- using building blocks how built form is critical to a future where renewable energy powers our living and working spaces.

Without a thoughtful built form, passive solar design, and daylighting we will never attain a zero-carbon built environment. Participants will work in teams, who need to be prepared to think outside of the box, literally, to create there most sustainable design.

Session Cap: 15 Suggested for: EE, CL, STEP, GI, PAIE

Speaking Up – Youth Voices in our Communities	Activating Our Communities	Community on a Micro-Scale	Be Well, Do Well: Fostering a Community Mindset	Community Education in Action	The Built Community
Session C Runs 2:45 p.m. – 4:00 p.m.					
C1	C2	С3	C4	C5	C6
Monarch Nation and The Meadoway:   Engaging Youth in Habitat Creation and   Conservation   Rachel Stewart, Program Manager,   Monarch Nation   &   Colin Love, Supervisor, Community   Learning   Toronto and Region Conservation   Authority   This session will provide a high-level   overview of Monarch Nation, a national   program that engages and educates   children ages 6-12 about species at risk,   and The Meadoway, an exciting new   project that is transforming a hydro   corridor in Scarborough into a vibrant   16 km stretch of urban greenspace and   meadowlands. This hands-on session   will highlight ways in which both   Monarch Nation and The Meadoway   engage youth to create wildlife habitat   while also forming connections with   nature through conservation.   Resources, hands-on activities and   programming will be shared during this   session.   Suggested for: EE, GI, CL, HE	Activating Agriculture within Urban Community Gardens   PART 2   Adriana Gomez, Senior Project   Manager   &   Holly Shaw-Lopez, Project   Coordinator   Sustainable Neighbourhood Action   Program (SNAP)	Bee City Canada: Engaging Canadians to Protect Pollinators Shelly Candel, Director, Bee City Canada This presentation will share with the audience a little bit about Bee City Canada, share a few of Bee City Canada "buzzing" stories and discuss how we need to work together to get every school in Canada to become a Bee School supported financially by corporations and local businesses. Session cap: 30 Suggested for: EE, GI, LS	<section-header><section-header><section-header><text><text><text></text></text></text></section-header></section-header></section-header>	The Environmental Library – Different Branches Reaching Different CommunitiesDiana Lee, Senior Services Specialist, Toronto Public LibraryLearn about some of the different environmental programming initiatives at Toronto Public Library such as the Our Fragile Planet program series, a series that highlights different protection and conservation topics, and the Environmentalist in Residence program. This presentation aims to provide educators and environmental professionals with different ideas to engage with local libraries, environmental organizations and community groups.Session Cap: 30Suggested for: Everyone	Visible and Valuable: Using the Peel Water Story to Connect Outdoor and Indoor Learning <u>Amal Musa, Technical Analyst,</u> <u>Environmental Education, Region of Peel</u> This session will give environmental educators a sneak-peek into the Region of Peel's online Water Story Maps, launching in January 2020. The multiple online modules bring real data to life using interactive maps, videos and images with an overall purpose of connecting students to their water sources and infrastructure. Participants will leave this session inspired to use the Story Maps to connect outdoor and indoor learning and support curriculum expectations for grades 5-12. Session Cap: 30 Suggested for: EE, GI, CL, PAIE, STEP

4:00 p.m. - End of Day

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### Session Leader & Keynote Biographies

#### Paul Zammit, Nancy Eaton Director of Horticulture, Toronto Botanical Garden, Rethinking Beauty: Inspiring Communities in a Changing World

Paul Zammit, a graduate of the University of Guelph, is the Nancy Eaton Director of Horticulture at the Toronto Botanical Garden. He is an energetic and passionate speaker and photographer who is much in demand across Canada and in the United States. In recent years, Paul has presented in Germany, Switzerland, Bermuda and most recently in South Africa. He has appeared on numerous occasions on television and in print. Since 2016, Paul has provided weekly gardening advice on the CBC's "HERE and NOW" radio program. In 2017, Garden Making magazine selected Paul and his wife as two of Canada's top 20 shaping gardens across Canada.

Paul has been awarded the Young Professionals award by the Perennial Plant Association. He is also the recipient of a horticulture Industry Service Award and most recently, received the 2019 Garden Communicator award from Landscape Ontario. He will be co-leading exclusive garden tours to England and Ireland in 2019 & 2020.

Paul is driven by a love for gardening and a very personal commitment to the environment. He never stops learning and is always keen to share his expertise and insights with others.

#### www.torontobotanicalgarden.ca

A1 Elder Whabagoon, Elder and Co-Founder, Nikibii Dawadinna Giigwag, and Lucia Piccinni, Former Senior Program Manager, Bolton Camp, *Nikibii Dawadinna Giigwag* Elder Whabagoon is an Ojibway Elder, member of the Lac Seul First Nation, born in Sioux Lookout. She is a keeper of Sacred Pipes, active community member, speaker, land defender and water protector. Whabagoon is a 60's Scoop survivor and was raised in eastern Ontario along with one sister from a family of 16. Whabagoon's desire to learn about her heritage prompted her to learn and follow her traditional ways. Whabagoon led the International Women's Day Parade with Idle No More and is the Elder and co-founder of Nikibii Dawadinna Giigwag. Recently, she travelled to Vancouver to present the youth program model at the Canadian Society of Landscape Architects 2019 Congress. She also led the opening ceremony for the landmark Shanawdithit Indigenous Opera World Premiere in Toronto. Whabagoon has been awarded for her strong commitment to educating the community and working with diverse ages and backgrounds. Never far from water, she leads sunrise water ceremonies to hold space for people to share stories about their relationship and connection with water.

#### A2 Jennifer D'Attolico, Supervisor, Education Programs, Black Creek Pioneer Village, Engaging Adult Learners: Best Practices in Adult Education

Jennifer D'Attolico is an experienced educator who has worked in several museums and outdoor education centres over the past 23 years. For the past 10 years Jennifer has been the Supervisor of Education Programs at Black Creek Pioneer Village. As the supervisor, Jennifer creates and implements programs for students from pre- school to adult learners. Programs emphasize multiple perspectives, encourage empathy and empowerment all while actively learning through 'doing'. Jennifer has a BA in History from York University and a Certificate in Museum Studies from the Ontario Museum Association.

### A3 Cathy Nesbitt, Founder and Worm Advocate, Cathy's Crawly Composters, Organic Magic with Worms

Cathy Nesbitt, Founder, Cathy's Crawly Composters is a multi-award-winning environmental innovator and worm advocate who uses workshops and inspirational speaking to inspire individuals to take action and do something. This business specializes in vermicomposting and organic diversion. Worm composting is a leading-edge answer to our organic waste problem. Worms are going to play an ever-increasing role in waste management, soil production and therefore food security. Cathy is also an avid sprout grower and a certified laughter yoga teacher.

### A4 Michelle Hillier, Founder and Creative Director, Experience Groove, Confidence. Creativity. Connection. Moving YOUR Way for Overall Wellness

Michelle Hillier is passionate about inspiring people of all ages and abilities and is on a mission to get people to move in their "OWN way"! With decades as an industry expert, consultant and presenter in the education, corporate, community and recreation sectors, she continues to be highly sought after for her innovative, interactive, and engaging presentations. She is also a sessional instructor in the B. Ed programs at UOIT and Brock and has taught the Dance AQ course for York for over 8 years. Michelle is a recent published author on dance and movement education in Human Kinetics' new H&PE textbook released in 2018. The customizable and unforgettable sessions delivered by Michelle are often called "transformative," and the best part is that when you move with her, "You Can't Get it Wrong!"

### A5 Brandon McClounie, Secretary and Treasurer, Ontario Camps Association, Ontario Camps Association and Its Role in Outdoor Education

As an executive Board Member of the Ontario Camps Association (OCA) and current chair of the OCA's Outdoor Education Committee Brandon is actively involved in bringing experiential and outdoor education to the forefront in our province. He currently is the General Manager at YMCA Cedar Glen Outdoor Centre and chair of the YMCA Ontario Overnight Camp and Outdoor Centre work group. A6 Dana Fountain, Program Manager, Corporate Sustainability, Toronto and Region Conservation Authority, Sustainable Waste Practices within Public Spaces and the Changing Economics of Recycling With 12 years of experience within the private and public sectors Dana Fountain brings to the TRCA practical knowledge and experience to integrate sustainability across the organization as the Program Manager for Corporate Sustainability. Working across divisions he builds awareness and tools for the inclusion of climate change, environmental protection, social wellbeing and economic value into decision making. Outside of his role at TRCA he is a sessional instructor within the Sustainable Business Management course at Seneca College and is passionate about canoes; he has built three and has also paddled across Canada.

B1 Paula Gallo, Education Manager, Heidi Campbell, Senior Designer, and Ashlee Cooper, Project Manager, Evergreen Brickworks, This isn't Child's Play! Or, What Happens When You Actually Ask Children to Design Their *Playground?* 

Heidi Campbell, Ashlee Cooper and Paula Gallo are a placemaking team from Evergreen with landscape architecture, education and community engagement experience. They have worked with communities, schools, municipalities and with diverse partners to transform public spaces, including schools and childcare centres, into green, sustainable places for everyone to enjoy.

**B2** Adriana Gomez, Senior Project Manager and Holly Shaw-Lopez, Project Coordinator, Sustainable Neighbourhood Action Program, Activated Agriculture with Community Gardens Adriana Gomez is a Senior Project Manager for the Toronto and Region Conservation Authority's Sustainable Neighbourhood Retrofit Action Plan (SNAP). Adriana has worked in the development and implementation of retrofit action plans for diverse neighbourhoods in the Greater Toronto Area. Her projects include residential retrofit programs, neighbourhood wide urban agriculture strategies, climate change mitigation and adaptation and green infrastructure. As part of the SNAP program Adriana has found innovative partnership models and financing tools and has implemented out-of-the-box approaches to effectively engage underrepresented communities. Previously, Adriana worked at the City of Toronto, managing projects that ranged from Planning of Parks and Open Spaces, to GHG Reduction and stormwater management strategies.

Holly Shaw-Lopez is a Project Coordinator in the Black Creek Sustainable Neighbourhood Action Program (SNAP) of the Toronto and Region Conservation Authority's Community Engagement and Outreach Division; where she has played a fundamental role in the design and implementation of the Black Creek Urban Agriculture Strategy and the award-winning Harvest the Rain Home Retrofit Program. She has also led innovative community development and engagement strategies in high rise towers, which have garnered her recognition as a community group Mentor with the City of Toronto's Neighbourhood Grants program and a 2018 Community Leadership Award for leadership in the 'Recipe for Community' Initiative in the Black Creek area.

#### **B3 Shelby Paxton**, Founder, Inverte-Logic, Our Invertebrates - Live and Preserved Local Invertebrates of Ontario

Shelby Paxton is the founder of Inverte-Logic, an invertebrate-based outreach program. This business is rooted in Shelby's childhood love for bugs. Her passion for invertebrates pushed her to become a biology student at the University of Waterloo. She has held positions with the entomology department of Agriculture and Agri-food Canada. She is excited to have the chance to speak to people about invertebrates through Inverte-Logic as she hopes to inspire other people to be passionate about them as well!

#### B4 James Eckenwalder, Fieldtrip Leader and Board Member, Toronto Field Naturalists, Trees of Black Creek Pioneer Village

James Eckenwalder is a retired professor of ecology and evolutionary biology at the University of Toronto with a specialization in plant taxonomy (classification), particularly of trees. James has taught courses in systematics, flora, ecology, paleobotany, and environmental biology and has collected botanical specimens of trees during the last 50 years over much of North America. He is also the author of 'Conifers of the World - the Complete Reference' and of an ongoing series, 'Tree of the month' for the Toronto Field Naturalist bulletin.

B5 Amber Sandy, Indigenous Knowledge and Science Outreach, Ryerson University, SciXchange, Indigenous Knowledge and Science Communication: Creating Space for Community Specific Science Programming Amber coordinates SciXchange's outreach programs with a focus on Indigenous knowledge-based science. She is a member of Neyaashiinigmiing, the Chippewas of Nawash First Nation. Amber has managed various community-based projects and programs where she gained skills in resource and program development, community outreach and educator training, and capacity building projects integrating traditional and western science in her approach to conservation and environmental science. She believes that Indigenous people are natural scientists as science is inherent in Indigenous languages, stories, and interactions with the environment. It is her passion and commitment to share these views with Indigenous and non-Indigenous peoples alike through education.

B6 David Nixon, Specialist, Training, Sustainable Technologies Evaluation Program, Toronto and Region Conservation Authority, Exploring Sustainable Built Forms David provides technical support and training for the Sustainable Technologies Evaluation Program (STEP) at Toronto and Region Conservation Authority. STEP is a multi-agency initiative developed to support broader implementation of sustainable technologies and practices within a Canadian context. STEP works to achieve this overarching objective by: Carrying out research, monitoring and evaluation of clean water and low carbon technologies; assessing technology implementation barriers and opportunities; developing supporting tools, guidelines and policies; delivering education and training programs; advocating for effective sustainable technologies; and collaborating with academic and industry partners through our Living Labs and other initiatives.

C1 Rachel Stewart, Program Manager, Monarch Nation and Colin Love, Supervisor, Community Learning, Toronto and Region Conservation Authority, Monarch Nation and The Meadoway: Engaging Youth in Habitat Creation and Conservation

Rachel Stewart has worked at Toronto and Region Conservation Authority for over 10 years, prior to which she worked in the UK as an education consultant and classroom teacher. At TRCA she has worked on several programs including Peel EcoSchools, Monarch Teacher Network and was an outdoor educator at the Kortright Centre. She is currently managing the Monarch Nation program.

Colin Love has been a leader in the environmental education field within the Greater Toronto Area for over a decade. He currently leads Toronto and Region Conservation Authority's Community Learning team in Toronto, including the animation of Tommy Thompson Park and The Meadoway. Colin is on the steering committee of the Green Neighbours Network of Toronto and co-founder of Secondhand Sunday, a community reuse initiative hosted throughout Toronto. Colin is a husband and father of two who, big surprise, love to spend time outdoors with family and friends.

C2 Adriana Gomez, Senior Project Manager and Holly Shaw-Lopez, Project Coordinator, Sustainable Neighbourhood Action Program, Activated Agriculture with Community Gardens Adriana Gomez is a Senior Project Manager for the Toronto and Region Conservation Authority's Sustainable Neighbourhood Retrofit Action Plan (SNAP). Adriana has worked in the development and implementation of retrofit action plans for diverse neighbourhoods in the Greater Toronto Area. Her projects include residential retrofit programs, neighbourhood wide urban agriculture strategies, climate change mitigation and adaptation and green infrastructure. As part of the SNAP program Adriana has found innovative partnership models and financing tools and has implemented out-of-the-box approaches to effectively engage underrepresented communities. Previously, Adriana worked at the City of Toronto, managing projects that ranged from Planning of Parks and Open Spaces, to GHG Reduction and stormwater management strategies.

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#### C3 Shelly Candel, Director, Bee City Canada, Engaging Canadians to Protect Pollinators

Shelly is the founder and currently the director of Bee City Canada. She studied agriculture at the University of Guelph and for 30 years ran a small business in Toronto. She became passionate and concerned about pollinators shortly after she started a farmer's market at the Toronto Botanical Gardens in 2012. In the late fall of 2015, she passed her business on to her son and committed her energies as a full-time volunteer to protecting pollinators by starting and establishing Bee City Canada. Her best teacher is nature and she has learned a lot about life from the bees.

#### C4 Heidi Bornstein, Executive Director, Mindfulness Everyday, Mindfulness is Not an Add-On; Incorporating Mindful Awareness into Your Life

Heidi Bornstein is the founder of Mindfulness Everyday and a lead teacher for the programs offered by the organization. She is the co-creator and teacher for The Mindful Edge® – Stress Reduction and Life Strategies for Teens program in high schools. Heidi is on the steering committee for Mindfulness Toronto and Discover Mindfulness. She has been teaching yoga and meditation in Toronto since 2002 and continues to support yoga, meditation, and mindfulness programs for children, youth, teens, and adults.

#### **C5** Diana Lee, Senior Services Specialist, Toronto Public Library, *The Environmental Library: Different Branches Reaching Different Communities*

With over 18 years at Toronto Public Library, Diana Lee is in her dream library job as the Senior Services Specialist of Programming & Events, where she oversees various system-wide programs for adults such as Personal Finance, Culture Days and Small Business. One series she's passionate about is Our Fragile Planet, a series with various environmental protection and conservation topics, and includes the Environmentalist in Residence. Diana is always excited to share her knowledge for programming. She's also an outdoor enthusiast, stand-up paddle boarding instructor and a lifelong learner.

C6 Amal Musa, Technical Analyst, Environmental Education, Region of Peel, Visible and Valued: Using the Peel Water Story to Connect Outdoor and Indoor Learning Amal Musa is a Technical Analyst with the Region of Peel's Environmental Education team. She has focused her career on developing engaging programs and resources to support students and educators in learning about, and in, the environment. She is committed to providing relevant and authentic educational experiences for the next generation. When she's not learning something new, she can be found playing outside!